Resources for Families

**Reading Resources**

- *Letting Go: A Parents’ Guide to Understanding the College Years* by Coburn & Treeger
- *Millennials Rising* by Neil Howe
- *Rising Millennials Face Worldview Conflict* by Shirley A. Carson
- *The Happiest Kid on Campus: A Parent’s Guide to the Very Best College Experience* by Harlen Cohen
- *Millennials Go to College: Strategies for a New Generation on Campus* by William Strauss
- *You’re on Your Own, but I’m Here if You Need Me* by Marjorie Savage
- *Don’t Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years* by Helen E. Johnson and Christine Schelhas-Miller
- *133 Ways to Avoid Going Cuckoo When the Kids Fly the Nest: A Parent’s Guide for Surviving the Empty Nest Syndrome* by: Lauren Schaffer and Sandy Fleischl Wasserman
- *Almost Grown: Launching Your Child from High School to College* by: Patricia Pasick
- *Empty Nest, Full Heart: The Journey from Home to College* by: Andrea Van Steenhouse
- *Empty-Nest Parenting: Adjusting Your Stewardship as Your Children Leave Home* by: Richard M. Eyre
- *How to Get the Most Out of College* by: Nancy Schlossberg and Arthur Chickering
- *Let the Journey Begin: A Parent’s Monthly Guide to the College Experience* by: Jacqueline MacKay and Wanda Ingram
- *Letting Go: A Parent’s Guide to Understanding the College Years* by: Karen Levin Coburn and Madge Lawrence Treger
- *She’s Leaving Home: Letting Go as Daughter Goes to College* by: Connie Jones
- *The Empty Nest: When Children Leave Home* by: Shelley Bovey
- *The Launching Years: Strategies for Parenting from Senior to College Life* by: Laura Kastner and Jennifer Fugett Wyatt
- *When Your Kid Goes to College; A Parents Survival Guide* by: Carol Barkin

**Web Resources:**

- [www.collegeparents.org/](http://www.collegeparents.org/)
- [http://grownandflown.com/](http://grownandflown.com/)