Welcome to the College of Charleston & Family Orientation

Melinda (Mindy) Miley
Assistant Vice President,
First Year & Bridge Student Services
The College of Charleston is a public four-year state-supported liberal arts & sciences institution.

- Average SAT Mid-Range: 1040-1200
- Average ACT Mid-Range: 23-29
- Average GPA Mid-Range: 3.53-4.25

- Undergraduate students: 10,488
- Graduate students: 1,131
- U.S. states and territories represented: 49
- Countries represented: 62

- Majors: 58 (66 degree programs), Minors: 73
You have sent them off to school before…
Or maybe some of you are feeling like this...
During orientation we can help you...

✓ Learn about the resources available to you and your student
✓ Become familiar with the academic standards
✓ Discover how your student can get involved on campus
✓ Find your way around campus and locate key departments
✓ Meet faculty, staff, students and other parents of new students
✓ Understand how to work in partnership with College of Charleston faculty and staff
Orientation Day One events

- 8:30-11 Welcome/Opening Session
- 11:15-12 Concurrent sessions (Education Center)
- 12-1:30 Lunch
- 1:30 Business of CofC (Health Services, Billing, Dining, Books)
- 3:00 Afternoon concurrent sessions
- 3:45 Financial Aid 101 or Campus tour

Times vary Campus tours (offered both days)

All offices' are open 8:30-5:00 during orientation
Use your lunch ticket at Liberty Fresh Food (#104) either day
Orientation Day Two Events

- **9:00-10:00**  The Student Perspective Q&A or Campus Tour
- **10:15-11:00** The Student Perspective Q&A or Campus Tour
- **12:00-1:00**  Lunch on your own
GUIDEBOOK

• Go to the App Store for your IPhone or mobile device - (Google Play for Android and App store for Apple).

• Search under the term CofC or College of Charleston New Student Guide (you may have to scroll down the list on an android device).
Family Information Form *(found in your packet)*

- Complete and leave the Family Information Form in the basket in the lobby area or give this to any orientation intern during orientation.
- Door prize winners will be posted on the door to the Office of New Student Programs (#4 on the campus map) by 2:00pm TODAY. Door prizes can be picked up from this office January 3 or 4.
Conversations to have with your student…

- Time management
- Checking email
- Going to class
- Using the resources on campus
- Budgeting money (financial aid, tuition bills)
- Academic expectations
- Viewing midterm and final grades
- Choosing a major
- Making safe choices
Problems

- Usually problems are temporary...give it time
- Resist the urge to rescue your student - suggest options but let them resolve their own problems
Home Sweet Home

- Avoid major changes in first six weeks
- If change is unavoidable, talk to them about it
Keep in touch, But not too much!

- E-mail or text
- Calls
- Packages
- Social Media
- Cards or notes
PARENT RESOURCES

• Email: Parents@cofc.edu
• Family calendar (A-Z guide in the back)
• Website: www.cofc.edu/parents
• Parent listserv (go to the parent webpage to subscribe)
• Parent blog
In just a few short years your student will be crossing the Cistern as a proud College of Charleston graduate!
Parents as Coaches: How to Support Your Student Academically

Academic Advising & Planning Center
Center for Student Learning
Helicopter parent *n.* A parent who hovers over his or her child.
Vocabulary Change

Child Vs. Student
Caregiver Vs. Consultant
“We” Vs. Their Student
Always “yes” Vs. Sometimes “No”
Access Vs. Confidentiality
Customer Vs. Student-Centered focus
Service
Our Communication Goal

Student

CofC

Parent
During New Student Orientation, your student learns that their schedule is “lousy.” You know that the best time to pick up better classes is early on the “drop for non-payment” date. Classes will go quickly, so students should log on early to make schedule changes…

BUT your student is still asleep.
A. Log onto MyCharleston and make the schedule changes yourself (after all, you have your student’s CWID)

B. Wake your student up and hand them the list of the courses you compiled.

C. Wake your student up and tell them to log-on to MyCharleston to make the appropriate changes.

D. Do nothing.
Homesick…

Your student calls you at the end of the first week of school, is miserable, and wants to come home.
A. Tell your student that you miss them and that life hasn’t been the same without them since they left.

B. Give your student a pep talk about how grown up they are and that it’s time for them to “step up.”

C. Tell your student that it’s the college’s fault that he or she feels this way.

D. Encourage your student to talk with their RA, Academic Advisor, or campus counselor.
You’re worried…

You suspect that your student is failing a course at the midterm.
A. Call anyone at the university that will talk to you. After all, you pay the bill!

B. Get your student’s roommate to tell you the grades.

C. Ask your student to give you access via the FERPA so you can discuss grades with your student’s academic advisor.

D. Ask your student to show you their grades.
It’s Time to Register…

Your student’s course registration date for the next term is approaching and you know that your student has yet to meet with his academic advisor and complete his mandatory first year or transfer student advising appointment for this semester.
A. Encourage your student to schedule an appointment with their academic advisor for as soon as possible.

B. You call the Academic Advising and Planning Center and attempt to schedule your student’s appointment on their behalf.

C. You act as academic advisor for your student and tell your student which courses to register for.

D. Do nothing.
Make Susan Happy!
Undecided on a major…

Your student is still undecided regarding which major to declare while at the college.
A. Log-on to MyCharleston and use the Program of Study Management (POSM) tool to declare my student’s major. I know what will make my student happy!

B. Encourage your student to explore their options and attend a “Choosing Your Major” workshop hosted by the Career Center and the Academic Advising and Planning Center or attend the Majors Fair.

C. Tell your student which major to pursue and demand that they declare this major as soon as possible. After all, time is money!

D. Do nothing.
The Academic Advising Dialogue

- Establish Goals
- Discuss Courses
- Develop Action Plan
- Identify Values, Strengths, Interests & Abilities
- Recognize Challenges, Competing Demands

© AAPC 2015
Students have ultimate responsibility for their decisions and academic record.
What Happens Next?

TODAY
• Students are in academic advising sessions with our advising staff

TONIGHT
• Your student has homework!
• Take ALEKS Online Math Placement Test (if not already taken)

TOMORROW
• Your student will register for courses

THIS SEMESTER
• Connect with his/her advisor early and often!
• Schedule an appointment online or by calling the Academic Advising & Planning Center.
Center for Student Learning

• Provides academic support for all students at the College of Charleston
• What percentage of students do you think used the CSL services in the last academic year?
Tutoring complaints

Your student complains that he doesn’t like the tutor he had been working with in the Math Lab.
You…

A. Complain about the tutor on the parent listserv.
B. Email the Math Lab Director and the CSL Director about their poor hiring practices.
C. Ask your student if there is another tutor he can work with during walk-in hours.
D. Hire a private tutor.
Walk-in Labs

- Business
- Computer Science
- Foreign Languages
- Statistics & Research in Social Sciences
- Math
- Science
- Writing

No Appointment Necessary

Faculty-recommended & CRLA certified tutors

Open Monday-Thursday until 9pm, Friday until noon

Sunday 6-9pm
By Appointment Tutoring

- Faculty recommended, trained tutors
- Flexible hours by appointment
- Available for limited introductory courses
Concerned about student?

Your student says she “studied so hard” for her History exam and still got a D.
You...

A. Call or visit and have a ‘heart to heart’ about what may be going on.
B. Encourage her to make a study skills appointment.
C. Call your student’s professors and ask them to update you on your student’s performance in class.
D. Insist your student just come home now. They obviously can’t handle college.
Study Skills

• One-on-one appointments with a trained staff member to assess study strengths & weaknesses

• Study plan is created to incorporate time management & study strategies
Weekly Study Skills Workshop Topics

- Time Management
- Textbook Reading
- Note Taking
- Memory Techniques
- Test Taking
- Exam Planning

- Offered Multiple Times Each Week
- Afternoon and Evening Sessions
- Practical Techniques and Strategies
- Offered in Multiple Locations on Campus
What is SI?

You student says that she went to SI but all they did was give out a worksheet. You thought they were supposed to help them study and understand the material, but it sure doesn’t sound like SI is working.
You…

A. Hire a private tutor for your student.
B. Email the professor asking why this class is so hard.
C. Email the SI Director asking what SI is really supposed to be doing.
D. Look at the CSL’s website to learn about SI and then talk with your student about the purpose of SI.
Supplemental Instruction (SI)

- Peer-facilitated study groups linked with historically difficult courses (i.e., BIOL 111/112, CHEM 111/112, BIOL 201, BIOL 202, CHEM 232, PHIL 120, PSYC 213)

- The SI leader has successfully completed the course before, attends class again, takes notes, completes homework, and offers 3 SI sessions per week.

- SI Leaders help student learn *WHAT to learn* while focusing on *HOW to learn*.

- Students who consistently attend SI statistically make a half to whole letter grade better than those who don’t.
Studying effectively?

Your student says that he “studies all the time” but is still not doing well in Biology 111.
A. Ask him how are you studying? What are you doing? Where?
B. Ask him if he has met and talked with the professor? What happened?
C. Ask him if he has been using any CSL services? Which ones? How often?
D. All of the above.
Center for Student Learning

Academic assistance for students at the College of Charleston

Walk-In Tutoring Labs
Supplemental Instruction
Individual Tutoring
Study Strategies Assistance

Addlestone Library, First Floor

http://cofc.edu/csl
QUESTIONS?

• Karen Hauschild
  – Director of Academic Advising and Planning
  – (843)953-5981
  – hauschildkb@cofc.edu

• Lindy Coleman
  – Director of Center for Student Learning
  – (843)953-5635
  – ColemanM@cofc.edu
Dr. Alicia Caudill, Ph.D.

Executive Vice President for Student Affairs

caudillad@cofc.edu
The Division of Student Affairs at the College of Charleston is dedicated to facilitating the cultural, social, emotional, physical, ethical and intellectual development of all students so that they may become responsible and effective individuals.
Student Involvement & Engagement

Led by Michael Duncan, Associate Vice President for Student Involvement

– Campus Recreation
– Higdon Student Leadership Center & Fraternity and Sorority Life
– Student Life
Student Outreach & Support

Led by Jeri Cabot, Associate Vice President and Dean of Students

– Collegiate Recovery Program
– Counseling and Substance Abuse Services
– Disability Services
– Dean of Students Office
– Upward Bound
– Victim Services
Diversity & Inclusion
Led by Rochelle Johnson, Director of Multicultural Student Programs & Services
  – Multicultural Student Programs and Services

Experiential Learning
Led by Jim Allison, Executive Director of the Career Center & Stephanie Visser, Director of the Center for Civic Engagement
  – Career Center
  – Center for Civic Engagement
Residential Living Experience
• Led by Melantha Ardrey, Director of Residence Life
• Residence Life

Health
• Led by Bridget McLernon Sykes, Director of Student Health Services
• Student Health Services
What you need to know that no one wants to tell you.
What you “see” when you leave your student at CofC.
Photo courtesy of Ramsey’s (Class of 2038) mom and dad, Mary Alice and Matt.
What we “see” when you leave your student at CofC.
What we are partnering to accomplish...
Three Questions

• Do you want me to listen?
• Do you want me to respond?
• Do you want me to help you figure out who at the College can assist?

The 24 hour rule...
Adolescent Brain Development

- Substance Use/Abuse
- Lack of Sleep
- Impact formation of healthy connections in the brain
Judgment last to develop

The area of the brain that controls "executive functions" — including weighing long-term consequences and controlling impulses — is among the last to fully mature. Brain development from childhood to adulthood:

**5-year-old brain**  
*Dorsal lateral prefrontal cortex ("executive functions")*

**Preteen brain**

**Teen brain**  
**20-year-old brain**

Red/yellow: Parts of brain less fully mature  
Blue/purple: Parts of brain more fully mature

Sources: National Institute of Mental Health; Paul Thompson, Ph.D., UCLA Laboratory of Neuro Imaging  
Thomas McKay | The Denver Post
Conversation Topic: Sharing Space with Others
Homework!
Students’ Physical + Psychological Involvement at the College = Enhanced Student Success
THE SMARTPHONE GENERATION: A STATISTICAL PORTRAIT

The constant presence of the internet, particularly social media, is changing the behavior and attitudes of today’s teens.

1. Not Hanging Out With Friends
   Times per week teenagers go out without their parents

   ![Graph showing the decrease in times per week teenagers go out without their parents after 2007, the year iPhone was released.]

5. More Likely to Feel Lonely
   Percentage of 8th-, 10th-, and 12th-graders who agree or mostly agree with the statement “I often feel left out of things” or “A lot of times I feel lonely”

   ![Graph showing an increase in the percentage of teenagers feeling lonely from 1991 to 2015, with a significant rise after 2007.]

Weeks of Welcome!
• Schedule on Cougar Connect
• Winter Involvement Fair, January 12th from 12-2p - Stern Student Center
Homework: Topics for Dinner Discussion

- Download Cougar Connect
- Attend events and experiences at the College FIRST
- ASK!
- Check College Email
24/7/365
Minimum of 5 areas always on call:
• Housing & Residence Life
• Dean of Students
• Victim Services
• Counseling
• Division Leadership
Practice the 24-hour rule, then call me!

Alicia Caudill, Ph.D.
Executive Vice President for Student Affairs
caudillad@cofc.edu
843-953-5522 (office)
843-693-5577 (cell phone)
Return to the Recital Hall for the next part of the Family Orientation program

Public Safety
Academic Requirements
Getting involved
Closing Remarks
SAFETY & SECURITY AREA
Office of the President

Chief of Police
Colonel Robert S. Reese
SAFETY & SECURITY AREA

Security Technology
PUBLIC SAFETY

• 41 Law Enforcement Officers
  o Statewide authority
• 20 Security Officers
  o Residence Halls
  o Library
• Communications Center
  o 24/7 Operation
CRIME PREVENTION SERVICES

- Bicycle Registration
- Operation Identification
- Computer Registration
- Crime Action Line
- Silent Witness Reporting
- Security Surveys
- Rape Aggression Defense classes (R.A.D)
- New Student Orientation
- Residence Hall Safety Meetings
- Yearly Campus Safety Walk
- Whistle Alert Program
- Monthly Building/lighting Checks
- On-campus safety services
Personal Safety Issues

Talk to your student about:

- Living in an urban environment
- Being conscious of surroundings
- Protecting belongings
- Locking doors, bicycles, etc.
- Being responsible
CofC EMS
SECURITY TECHNOLOGY

Emergency Call Boxes

Over 40 emergency call boxes in operations at various locations on campus

Remote activation devices available for individuals with special needs
SECURITY TECHNOLOGY

Closed Circuit Television System (CCTV)
• Over 500 Cameras Throughout The Campus
• Monitored 24/7 by Public Safety
Cougar Shuttle

Operates seven nights a week
11 PM to 3 AM
during the semester.
Free to all students with a current *Cougar Card*

Call: 888-960-2227
Students can login to MyCharleston to sign up for an alert to be sent to them and you!
Important numbers to know...

- Administrative Services/Front Desk: 843-953-4980
- Emergency: 953-5611
- Non-emergency: 953-5609
- Crime Action Line: 953-4998 (to leave a recorded message only)
- Fire & EMS: 953-5499
FOR MORE INFORMATION, YOU CAN

- Call Public Safety at: 843-953-5609
- Visit the office, located on the 1st floor of the Parking Garage across from McAlister/ Berry Residence Hall
- View the Public Safety website:
  - [http://publicsafety.cofc.edu](http://publicsafety.cofc.edu)
  - [http://fireandems.cofc.edu/index.php](http://fireandems.cofc.edu/index.php)
I know exactly how you feel!
Not really sure where to go??
ALL Academic Policies Apply to ALL Students

Undergraduate Catalog contains academic policies of the institution.

Registrar.cofc.edu ➔ Academic Catalogs
## Minimum Scholastic Attainment Standards

<table>
<thead>
<tr>
<th>Hours Earned</th>
<th>Grade Point Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-19</td>
<td>1.500</td>
</tr>
<tr>
<td>20-59</td>
<td>1.800</td>
</tr>
<tr>
<td>60+</td>
<td>2.000</td>
</tr>
</tbody>
</table>

In order to graduate, cumulative and major GPAs must be above a 2.000.
All Grades Count!!
Key Points in the Semester

• 4-6 Week Mark: 1st tests and papers
• Mid-Term Grades: ~10th week (March 7)
• Withdrawal Date: ~ 1 week after Mid-Term Grade deadline (March 25)

http://registrar.cofc.edu-->Academic Calendar
Academic Expectations of College Students

- Grades may not be provided on all assigned work but will be on the test.
- Request accommodations ahead of time.
- Must SEEK help.
- Good-faith effort is important but will not substitute for results when grades are assigned.
- Faculty want students to attend office hours.

- May not be reminded of incomplete work.
- First test grades might be “wake-up calls” but they still count.
- Opportunities to boost the grade by correcting assignments or completing extra credit are not common.
- Every institution is different... A new transition.

- Must take responsibility for work done or not done and associated consequences.
- Application of information to new situations or to solve new kinds of problems is valued more than rote memorization.
www.strengthsquest.com
(use g.cofc.edu email)
Getting Involved
On Campus
Student Clubs and Organizations

More than 200 organizations represent the interests, beliefs & ideologies of our students.

- Honor societies
- Clubs focusing on academics
- Drama
- Leadership
- Government and Politics
- International interests
- Religious
- Community Service
- Special interests
- Sports
Cougar Activities Board (CAB)

The **Cougar Activities Board (CAB)** serves as the primary, campus wide body for student programming at the College of Charleston.

- Open Mic Night
- Trivia
- Pet Helpers
- Move night
- Comedians
- Water Mission Trip
Campus activities

Download the **CougarConnect** App!

*Go to the App store for your phone or mobile device (Google Play for Android, App store for Apple)*

- Search College of Charleston Guide.
- Select download to download the app.
- Open the CofC Guidebook app.
- **CougarConnect** will be one of the options.
- Click on **CougarConnect** and select "download guide".
- The guide should then be ready to view whenever you open the Guidebook App.
Student Media/CisternYard Media Network

- CisternYard Video
- CisternYard News
- CisternYard Radio
- The Yard
- Miscellany
- www.CisternYard.com
Fraternity and Sorority Life

Fraternities & Sororities

About 19% of CofC students are involved in Greek Life

There are three different Greek Councils:

- IFC - Fraternities
- PanHellenic - Sororities
- NPHC - Minority fraternity and sororities

Contact Greek Life at GreekLife@cofc.edu
Religious Life Council Organizations

- African Methodist Episcopal
- Baha’I Club
- Baptist Collegiate Ministry
- Campus Crusade for Christ
- Campus Outreach
- Catholic Student Association
- Episcopal/Anglican Community: Segue
- Fellowship of Christian Athletes
- Intervarsity Christian Fellowship
- Jewish Student Union/ Hillel
- The Journey (Presbyterian)
- Lutheran Campus Ministry
- Reformed University Fellowship
- Unitarian Universalist Club
- Wesley Foundation

For more information about religious life on campus contact:
Evelyn Nadel - NadelE@cofc.edu
Campus Recreation Services (CRS)

- Club and Intramural teams
- Wellness classes (Yoga, Zumba, Belly Dance…)
- Open recreation hours
- Outdoor adventures

George Street Fitness Center:
Located at **50 George Street**, first floor of the **Sterling Campus Center** apartments (#32 on the campus map)
Support our Student Athletes – GO COUGARS!!

- NCAA Division I university in the Colonial Athletic Association
- 19 Varsity Sports Teams
- Free admission with a Cougar Card

Men:
- Basketball
- Baseball
- Cross Country
- Golf
- Soccer
- Sailing
- Tennis

Women:
- Basketball
- Beach Volleyball
- Cross Country
- Equestrian
- Golf
- Sailing
- Soccer
- Softball
- Tennis
- Track & Field
- Volleyball
Examples activities

**Campus**
- Weeks of Welcome
- Convocation
- CAB Casino Night
- Organization Fair
- Cougar Countdown
- Homecoming
- Cougarpallooza

**Community**
- Arts & cultural activities
- Farmers Market at Marion Square
- Second Sunday on King Street
- Southeastern Wildlife Expo
- Fashion Week
- Spoleto Festival
- Local beaches: Folly Beach, Isle of Palms, Sullivan's Island
- Community service activities
Closing Remarks

Note to self: just breathe
The College Reads! is the College of Charleston’s campus-wide common reading program designed to connect students, faculty, and staff around a single book to promote the idea that liberally educated people read broadly and discuss with one another ideas arising from the books they share.


**Angie Thomas will be on campus Monday, January 14, 2019.** She will spend the day meeting with students, faculty, and staff. Her public lecture, “The Hate U Give: Finding Your Activism and Turning the Political into the Personal,” is free & open to all.
Cougars helping Cougars
Community Service Project

We are collecting supplies for the *Cougar Food Pantry*

**Needed items**

- Canned fruit, vegetables and beans
- Peanut Butter
- Cereal
- Nuts
- Applesauce
- Soap
- Deodorant
- Toothbrushes & toothpaste
Need Help During Orientation?

• Ask an orientation intern
• Stop by the Office of New Student Programs in the Lightsey Center Annex (#4 on a campus map)
• Call the New Student Programs Office at 843.953.2017
• Email orientat@cofc.edu