Charleston Bridge Family Orientation Welcome

Dr. Lynne Ford
Associate Vice President for the Academic Experience
Parents as Coaches: How to Support Your Student Academically

Academic Advising & Planning Center
Center for Student Learning
Helicopter parent *n.* A person who pays extremely close attention to his or her child or children, particularly at educational institutions. They rush to prevent any harm or failure from befalling them or letting them learn from their own mistakes, sometimes even contrary to the children's wishes. They are so named because, like a helicopter, they hover closely overhead, rarely out of reach whether their children need them or not.

Source: wikipedia.org
Vocabulary Change

Child Vs. Student
Caregiver Vs. Consultant
“We” Vs. Their Student
Always “yes” Vs. Sometimes “No”
Access Vs. Confidentiality
Customer Vs. Student-Centered Service
Service Focus
Our Communication Goal

Student

CofC

Parent
Picture it…

During New Student Orientation, your student learns that their schedule is “lousy.” You know that the your student’s schedule has been created for them based on the information they provided on the BRIDGE application…

BUT your student is still complaining.
A. Call Trident Tech and complain for your student.

B. Tell your student to call Trident Tech to complain.

C. Tell your student to discuss any legitimate schedule concerns with an academic advisor.

D. Do nothing.
DO NOTHING!
Homesick…

Your student calls you at the end of the first week of school, is miserable, and wants to come home.
A. Tell your student that you miss them and that life hasn’t been the same without them since they left.
B. Give your student a pep talk about how grown up they are and that it’s time for them to “step up.”
C. Tell your student that it’s the college’s fault that he or she feels this way.
D. Encourage your student to talk with their RA, Academic Advisor, or campus counselor.
You’re worried…

You suspect that your student is failing a course at the midterm.
A. Call anyone at the college that will talk to you. After all, you pay the bill!

B. Get your student’s roommate to tell you the grades.

C. Ask your student to give you access via the FERPA so you can discuss grades with your student’s academic advisor.

D. Ask your student to show you their grades.
Undecided on a major...

Your student is still undecided regarding which major to declare while at the college.
A. Log-on to MyCharleston and use the Program of Study Management (POSM) tool to declare my student’s major as soon as they cross the Bridge. I know what will make my student happy!

B. Encourage your student to explore their options and attend a “Choosing Your Major” workshop hosted by the Career Center and the Academic Advising and Planning Center.

C. Tell your student which major to pursue and demand that they declare this major as soon as possible. After all, time is money!

D. Do nothing.
Helping Your Student Decide

Choosing a Major at the College of Charleston
**TODAY**
- Students will be in academic advising sessions with our advising staff.
- Students have their fall course schedules created for them.
- Schedule adjustments will be minimal.

**THIS FALL**
- Connect with an advisor in the Academic Advising & Planning Center with questions.
- Schedule an appointment online or by calling our office.
- Attend the Majors Fair on October 4.
- Participate in advising/registration day in December for spring course registration.
Center for Student Learning

• Provides academic support for all students at the College of Charleston

• What percentage of students do you think used the CSL services in the last academic year?
Tutoring complaints

Your student complains that they don’t like the tutor they’ve been working with in the Math Lab. They say they used the lab but “didn’t get ANY help.”
You…

A. Complain about the tutor on the parent listserv.
B. Email the Math Lab Director and the CSL Director about their poor hiring practices.
C. Ask your student if there is another tutor they can work with during walk-in hours.
D. Hire a private tutor.
Walk-in Labs

- Accounting
- Spanish
- Math
- Sciences
- Writing

No Appointment necessary.

Faculty-recommended peer tutors. Highly trained in tutoring skills. Paid student employees.

Morning, afternoon, evening, and weekend hours.
By Appointment Tutoring

- Faculty recommended, trained tutors.
- Flexible hours by appointment.
- All foreign languages except Spanish.
- Speaking Lab for speech and oral presentation assistance.
- Available for limited introductory courses.
Concerned about student?

Your student is missing class, sleeping in (even more than usual), and seems to be slipping in their classes.
You…

A. Call or visit and have a ‘heart to heart’ about what may be going on.
B. Encourage them to make a study skills appointment to get a time management plan.
C. Call your student’s professors and ask them to update you on your student’s performance in class.
D. Insist your student just come home now. They obviously can’t handle college.
Study Strategies

- One-on-one appointments with professional staff member to assess study strengths & weaknesses
- Study plan is created to incorporate time management & study strategies
- Support in addition to or outside of tutoring
Study Strategies Workshops

- Time Management
- Textbook Reading
- Note Taking
- Memory Techniques
- Test Taking
- Exam Planning

✓ Offered Multiple Times Each Week—Afternoon and Evening Sessions
✓ Practical Techniques and Strategies
Studying effectively?

Your student says that he/she is studying but is still not doing well...
You…

A. Ask them how they are studying? What are they doing? Where?
B. Ask them if they have met and talked with the professor? What happened?
C. Ask them if they have been using any CSL services? Which ones? How often?
D. All of the above
Center for Student Learning

Academic assistance for students at the College of Charleston

Walk-In Tutoring Labs
Individual Tutoring
Study Strategies Assistance
Workshops

Come early; Come often!

Addlestone Library, First Floor

http://cofc.edu/cs1
Our Office Information

• Karen Hauschild
  – Director of Academic Advising and Planning
  – (843)953-5981
  – hauschildkb@cofc.edu

Academic Advising and Planning
  – advising@cofc.edu
  – facebook.com/CofCAAdvising
  – Twitter: @cofc_aapc

• Lindy Coleman
  – Director of Center for Student Learning
  – (843)953-5635
  – colemanm@cofc.edu

Center for Student Learning
  – facebook.com/cofccsl
  – Twitter: @cofccsl
SAFETY & SECURITY AREA
Office of the President

Chief of Police
Colonel Robert S. Reese
SAFETY & SECURITY AREA

Security Technology
PUBLIC SAFETY

• 41 Law Enforcement Officers
  o Statewide authority
• 20 Security Officers
  o Residence Halls
  o Library
• Communications Center
  o 24/7 Operation
CRIME PREVENTION SERVICES

- Bicycle Registration
- Operation Identification
- Computer Registration
- Crime Action Line
- Silent Witness Reporting
- Security Surveys
- Rape Aggression Defense classes (R.A.D)
- New Student Orientation
- Residence Hall Safety Meetings
- Yearly Campus Safety Walk
- Whistle Alert Program
- Monthly Building/lighting Checks
- On-campus safety services
Personal Safety Issues

Talk to your student about:

- Living in an urban environment
- Being conscious of surroundings
- Protecting belongings
- Locking doors, bicycles, etc.
- Being responsible
FIRE SAFETY
CofC EMS
SECURITY TECHNOLOGY

Emergency Call Boxes

Over 40 emergency call boxes in operations at various locations on campus

Remote activation devices available for individuals with special needs
SECURITY TECHNOLOGY

Closed Circuit Television System (CCTV)
• Over 400 Cameras Throughout The Campus
• Monitored 24/7 by Public Safety
Cougar Shuttle

Operates seven nights a week
11 PM to 3 AM
during the semester.
Free to all students who show a current Cougar Card.

Just Call: 888-960-2227
Students can login to MyCharleston to sign up for an alert to be sent to them and you!
Important numbers to know…

• Administrative Services/Front Desk: 843-953-4980
• Emergency: 953-5611
• Non-emergency: 953-5609
• Crime Action Line: 953-4998 (to leave a recorded message only)
• Fire & EMS: 953-5499
FOR MORE INFORMATION, YOU CAN

• Call Public Safety at:
  843-953-5609

• Visit the Public Safety website:
  http://publicsafety.cofc.edu
  http://fireandems.cofc.edu/index.php
OR...

Visit Public Safety at 89 St. Philip Street
(First Floor of the Parking Garage across from McAlister/ Berry Residence Hall)
Mindy Miley
Assistant Vice President
First Year & Bridge Student Services
You have sent them off to school before…
Or maybe some of you are feeling like this…
Campus Services & Activities

- Academic Advising & Planning Center
- Addlestone library
- Athletics - free tickets to games using the Cougar Card
- Campus Recreation - Fitness Center & intramural sports
- Career Center
- Center for Student Learning
- Counseling & Substance Abuse Services
- Charleston Bridge Mentor
- Charleston Bridge Student Success Seminar instructor
- Public Safety – Bicycle and computer registration, Cougar Shuttle
- Resident Assistant/Hall director in the residence hall
- Student Computing Support (located in Addlestone library)
- Student Health Services
- Student Life (clubs and organizations, events)
- Undergraduate Academic Services
Charleston Bridge Participant Agreement

- Students must meet **ALL** program requirements to be admitted to CofC in the spring.
- Students have a TTC and a COFC email account – they should check their email frequently.
- **All fees** are paid to Trident Technical College.
- Students must follow residence hall rules. Residence hall rules apply to Charleston Bridge students & their guests. Violations could result in termination from the program.
- Student conduct applies both on and off campus.
- Academic dishonesty may result in removal from the program.
- Student must move out of the residence hall by **noon December 14** if all requirements are not met.
Charleston Bridge Program Requirements

- Earn a cumulative 2.6 grade point average
- Earn a minimum of 12 transferrable credit hours
- Complete 3rd Millennium (An online alcohol and drug awareness program required of all new students)
- Attend workshops during the fall designed especially for Charleston Bridge students
- Complete all 4 modules of the online Charleston Bridge Student Success Seminar found in OAKS
  - Being a College Student
  - Academic Best Practices
  - Health & Wellness
  - Preparing for next semester
Conversations to have with your student…

- Time management/Meeting deadlines (checking email, keeping up with important dates, managing time)
- Using the resources on campus
- Going to class
- Budgeting money (financial aid, tuition bills, scholarships)
- Discussing grades
- Choosing a major
Avoid major changes at home for at least the first 6 weeks

Emotionally prepare yourself for August

Keep in touch… but pace yourself!

- E-mail, social media, Facetime, Skype, texting
- Calls
- Packages
- Cards
During Orientation

- Students should follow THEIR own orientation schedule and attend ALL of the sessions.
- Your lunch time in Liberty Fresh Food Co. (#104 on the campus map) can be found on your student’s orientation schedule.
- After the 1:00pm session in Sottile Theatre, students will leave the theatre and go with the orientation interns to the Education Center (the room location is on their orientation schedule). STUDENTS MUST ATTEND THE ADVISING & SCHEDULE FINALIZATION!
  - During this session (approximately 2:15pm) your student will hear from the academic advising staff and receive their fall course schedule that includes 15-16 credit hours.
- Families should remain in Sottile Theatre for the 2:15 session about advising and the course schedule process. Families do not go with students to the Education Center.
- Families and students can reunite at the Office of Admissions after the 2:15 session or participate in optional afternoon activities.
What to do next…

• Purchase books online from the TTC bookstore
• Pay tuition and fees to TTC - 8/14/17 deadline
• Students move into the residence hall August 18-19 (time/day based on assigned hall and floor)
• Students attend convocation August 21

• **MANDATORY EVENT**: Office of New Student Programs, August 21 from 12-2:00 or 3-4:30pm
  ✓ Students pick up their textbooks, get their Charleston Bridge Handbook/Academic Planner and meet their mentor
If you have questions about College of Charleston support services:

bridge@cofc.edu

Questions about billing, financial aid, book purchasing, disability services, or the TTC portal/TTC email account should be directed to

Trident Technical College
Michelle Futrell
Director
Undergraduate Academic Services
Lightsey Center room 101
http://undergrad.cofc.edu
Class of 2021...
Here we Come!
#whathavelgottenmyselfinto
Not really sure where to go??
Undergraduate Academic Services
Academic expectations of College Students

- Must SEEK help
- Must take responsibility for work done or not done and associated consequences
- Grades may not be provided on all assigned work but will be on the test.
- Request accommodations ahead of time
- First test grades might be “wake-up calls” but they still count.
- Good-faith effort is important but will not substitute for results when grades are assigned.

Faculty want students to attend office hours

- Application of information to new situations or to solve new kinds of problems is valued more than rote memorization.
- Opportunities to boost the grade by correcting assignments or completing extra credit are not common.
- Grades are often derived from only a few papers or tests
Charleston Bridge  Impact

• Spring 2018/Fall 2018 Learning Contract
  • Earn a 2.000 GPA by the end of the Fall 2018 semester
  • Enroll in FYE class in Spring 2018
  • Enroll in Engl 110 during the first year
  • Enroll in at least 12 credit hours each semester
  • Meet weekly with a Peer Academic Coach (PAC)
  • Meet with Academic Advisor twice each semester
  • Attend all Strengths workshops
How Do We Monitor Students? Our Role is to Support **not** Enforce

- Concern from Peer Academic Coaches
- Concern from Faculty/Staff
  - FAST referrals
  - Academic Advisors
  - First Year Experience (FYE) Office
- Review Mid-Term/Final Grades
Final Grade Review

• UAS staff reviews final grades
  – Students ≤ 2.00 GPA required to take and successfully complete Learning Strategies (EDLS 100)
  – Students who are doing well may have contract revised to include different support services in lieu of PAC
After Semester Review

• YES: Congratulations!
  – Meet academic standards of the institution
  – Invitation to join Impact Scholars Program
  – Invitation to become a PAC

• NO: Not Continued (Not a dismissal)
  – Eligible and encouraged to take coursework elsewhere
  – Complete 30 hrs of transferrable credit elsewhere then apply for conditional readmission
Impact Scholars

- Involvement on campus
- Strengths Coaching
- Academic Roadmaps
- Focus on the 5 areas of wellbeing
  - Purpose, Social, Physical, Community, Financial
- Opportunities
  - Work towards the Higdon Leadership certificate
  - Potential letters of recommendation
  - Resume builder
  - Cord at graduation
What Did the Students Think?

Most Valuable Elements of the Contract

– Weekly meetings with PAC
– Contract Requirements (2.00 and 24 cr)
– Doing well in 1\textsuperscript{st} semester would result in restructured contract for 2\textsuperscript{nd} semester
# Academic Resource Use

<table>
<thead>
<tr>
<th>Resources Utilized</th>
<th>% of Students Reporting Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Center</td>
<td>44%</td>
</tr>
<tr>
<td><strong>Center for Student Learning</strong></td>
<td>80%</td>
</tr>
<tr>
<td>Counseling Center</td>
<td>5%</td>
</tr>
<tr>
<td>Residence Life (RA/RHD)</td>
<td>27%</td>
</tr>
<tr>
<td>Academic Advising and Planning</td>
<td>66%</td>
</tr>
<tr>
<td>Center for Disability Services</td>
<td>5%</td>
</tr>
<tr>
<td>UAS/PR Program Coordinator</td>
<td>27%</td>
</tr>
<tr>
<td>Registrar</td>
<td>36%</td>
</tr>
<tr>
<td>Library Information Desk/Reference Librarian</td>
<td>44%</td>
</tr>
<tr>
<td>Financial Aid</td>
<td>27%</td>
</tr>
<tr>
<td>Faculty/Professors</td>
<td>61%</td>
</tr>
<tr>
<td>None of These</td>
<td>0%</td>
</tr>
</tbody>
</table>
What else did they say?

• 78% said “I can identify ways to use my Strengths to achieve my personal goals.”

• 97% said “I feel there is someone (student, faculty or staff) at the College who cares about me.”

• 92% said “I am prepared to succeed at the College of Charleston.”

• 95% said “I have achieved something this year that I am proud of.”
What Can Parents Do to Help?

• Communicate your expectations to your student
• Encourage student to utilize resources and seek help sooner rather than later
• Take StrengthsFinder yourself
  – www.gallupstrengthscenter.com
  – $19.99 or purchase the book
Questions?

Impact Scholars Office
Celia Dennison, Assistant Director for Impact Programs
Lightsey Center, B66
Email: dennisoncm@cofc.edu
Phone: 843.953.5674

Chris Pennebaker, Program Coordinator, Impact Scholars
Lightsey Center, Suite 101
Email: pennebakercc@cofc.edu
Phone: 843.953.5674

Undergraduate Academic Services
Michelle Futrell, Director
Lightsey Center, Suite 101
Email: futrellm@cofc.edu
Phone: 843.953.5674
Break

Please return for the 2\textsuperscript{nd} part
of the program at 10:25 am
Business of CofC
Student Health Services
Dining Services
Staffing

• Four Providers offering patient care each day
• Typically 2-3 Physicians paired with 1-2 Nurse Practitioners
• MDs are board-certified in Family Medicine, Internal Medicine, Pediatrics and Ob-Gyn
Staffing

• NPs are board-certified as Family Nurse Practitioners and/or Psychiatric-Mental Health Nurse Practitioners
• Nurses: 6 RN’s on staff per day
• One nurse is dedicated to answering patient questions on the phone
Student Utilization

- Busy - on average 100 students seen each day
- Often 125 or more students seek care each day
- Hours of operation: 8:30-5 Monday-Friday
- ACT EARLY-Appointments usually fill by 10:30am
- All appointment schedule, roughly half are Same-Day/Urgent Care
- Same Day/Urgent Care appointments can be made in two ways:
  - Online beginning at 9:00pm the previous evening
  - On the phone or in-person when the clinic opens beginning at 8:30am
After-Hours - Weekends & Holidays

• Medical Emergency - **Off campus:** Call 911  
  **On campus:** Public Safety @ 843-953-5611

• C of C Public Safety & Charleston County trained student EMTs respond to students requesting assistance on campus

• 2 Emergency Departments nearby
  ➢ *Roper and MUSC are 4 blocks away*

• Off-campus urgent care list is available upon request as needed
Student Health Services Fees

• Built-in semester fee covers most in-clinic primary care and wellness visits

• Expenses can occur:
  
  ➢ *Indirectly*: LabCorp, Specialist referral off-campus, prescriptions

  ➢ *Directly*: Vaccines, some in-office tests or procedures

• We have no X-ray or pharmacy services
Health Insurance

*The College does not mandate students have health insurance.*

- With the exception of International students, no school sponsored insurance option is available or required.
- Parents are encouraged to keep students covered with health insurance.
- It is important that you and your student know how your selected coverage works, watch for limitations.
Immunization and Health Forms

• All students will be required to provide completed Health History Forms and official Immunization Records to Student Health Services (SHS)

• Forms on the SHS website studenthealth.cofc.edu
  – Vaccination waiver is available on SHS website for religious and medical exemptions

• SC mandates Meningitis vaccine for college students

• CofC will require evidence of Meningitis and MMR vaccine for all students moving on campus

• Parents are encouraged to assist students with form completion
Immunization and Health Forms

Three ways to turn in forms...

- **Confidential Fax:**
  
  **843-953-6377**

- **Regular mail:**
  
  *Student Health Services*
  
  **181 Calhoun Street**
  
  **Charleston, SC 29424**

- **In Person at Address Above**
Immunizations

Key points:

• SHS can provide most vaccines
  – *Exceptions include polio, rabies and varicella (chicken pox)*

• Vaccines not provided at SHS can be obtained at nearby local pharmacies

• Tetanus booster recommended every 10 years
  – *T-Dap is preferred to cover for Pertussis if Tetanus booster needed*

• Influenza campaign in the fall
Travel Consultation Service

- Provides advice, vaccinations and malaria prevention for students travelling outside of the United States
- C of C sponsored groups receive country specific information and recommendations from the SHS Travel Nurse
- Consultation is also available for students on individual travel or trips not sponsored by the College
- Last minute preparations are strongly discouraged
- Students are encouraged to discuss medical and vaccine needs at SHS two months prior to departure
- Vaccines related to travel are paid for by students in advance at the treasurer’s office
ADHD Care

• Student Health Services physicians limit ADHD care to those students enrolled with the Center for Disability Services (CDS)

• Accommodations are provided through the SNAP program at the CDS, located in the Lightsey center at 160 Calhoun Street

• Find more details on the Student Health Services website: studenthealth.cofc.edu
Confidentiality

- Students must provide permission to SHS in order to talk to parents about any medical visits or conditions on a case by case basis.
- There is no blanket permission.
- Generally not a problem but some patience is required as we attempt to obtain permission.
We can help your student plan

- Students can receive assistance at SHS in establishing local care with a specialist
- SHS nurses can give injections, draw labs and continue allergy shots with order from a home MD
- Students can receive assistance at SHS arranging for local counseling and mental health care
- Please talk to us after this session, stop by Student Health Services, or have your student call and ask to speak with a nurse if you or your student have any individual care related questions
Summary Points

• Please visit our website: studenthealth.cofc.edu
• Turn-in shot records and health forms before move-in
• Help your student make local plans for care that may be needed
• Seek out our colleagues at Counselling and Substance Abuse Services (CASAS) for on campus counseling needs and CDS for disability services.
• If a student wears contacts, ensure that they arrive on campus with an updated, backup pair of glasses
• *Remember: Make Same-Day appointments online after 9pm the previous day or by calling in early after 8:30AM*
• We are located at 181 Calhoun Street, Charleston, SC 29424
Benefits of Having a Meal Plan

- Budget
- Healthy Options
- Value
- Convenience
- Time
- Socialization
# 2017 – 2018 Meal Plan Options

<table>
<thead>
<tr>
<th>Meal Plan</th>
<th>Meals</th>
<th>Dining Dollars</th>
<th>Maroon Meals</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Access Diamond</td>
<td>Unlimited</td>
<td>$300</td>
<td>7 per week</td>
</tr>
<tr>
<td>All Access</td>
<td>Unlimited</td>
<td>$100</td>
<td>7 per week</td>
</tr>
<tr>
<td>12 Meals per Week</td>
<td>12 per week</td>
<td>$275</td>
<td>--</td>
</tr>
</tbody>
</table>
Dining Dollars

• On-campus currency used to make food & beverage purchases

• Accepted at all campus dining locations

• Funds are placed on your Cougar Card and function like a debit card

• Rolls over until the student graduates

• Add more at anytime by visiting Cougar Card Services (Berry Hall) or via the MyCharleston portal
Maroon Meals

• Added benefit of the All Access and All Access Diamond Meal Plan

• Exclusive Maroon Meal privileges at on campus dining locations that don’t accept meal swipes

• Order a complete meal from the Maroon Meal combo menu

• Accepted at Einstein Bros. Bagels and at Jolé Molé, Boar’s Head Deli and Olilo inside Stern Center Food Court

• 7 Maroon Meals per week, meals reset every Saturday
Dining Halls

- All-inclusive dining hall featuring 11 stations with rotating menus
- Flame-grilled entrées, brick-oven pizza, made-to-order smoothie bar, vegetarian stir-fry, pasta, customizable salad bar, and more
- Meal swipes and dining dollars accepted

Station that serves a menu that is free of 7 of the top 8 allergens:
- Peanuts
- Shellfish
- Dairy
- Eggs
- Gluten
- Soy
- Tree Nuts

Liberty Residence Hall
Dining Halls

- Second all-inclusive dining hall featuring unlimited buffet options
- 7 stations including a made-to-order deli, brick oven pizza, vegetarian pasta, fresh made bakery items, themed salad bar and more

Berry Residence Hall • Meal swipes and dining dollars accepted
Dining Halls

• Certified Kosher restaurant offering a made-to-order vegan and vegetarian menu

• Menu items like Vegan Mac and Cheese, Lentil Burgers, Salads, Vegan Brownies, Flatbread Pizzas, and more

• Meal Swipes and Dining Dollars are accepted
DINING LOCATIONS
Stern Center Food Court

Olilo by Cat Cora
Jolé Molé
Boar’s Head Deli
Chick-fil-A Express
DINING LOCATIONS

- Berry Residence Hall
- McAlister Hall
- Addlestone Library
DINING LOCATIONS
Campus Convenience Stores

- Bottled beverages, late night snacks
- Fresh made grab and go salads, deli sandwiches, and sushi
- Paper and cleaning products
- Quick meal entrées like frozen pizza, mac & cheese, and more
- New healthy items like La Croix, KIND Bars, Terra Vegetable Chips, Kombucha Tea, and Siggi’s Yogurt

Education Center,
Harbor Walk,
Maybank Hall

Market

College Lodge
Health & Wellness

- One-on-one nutrition counseling
- Cooking Demonstrations & Nutritious Samplings
- Educational tabling events
- Monthly Newsletter

Ashley Thomas, Registered Dietitian

CofC Dining can accommodate food allergies and special dietary needs.

*Set up an appointment with Ashley:*
Email Thomas-ashley1@aramark.com
Our Campus Dish app provides nutrition information and ingredient listings for everything we serve on campus. Campus Dish is integrated with My Fitness Pal for more detailed food tracking capabilities.
Communication

We want students to feel comfortable approaching managers with an issue regarding service, food quality, or diet preferences the moment it happens.
Contact Us!

Craig Hall
843.953.5539
DiningServicesCustomerService@cofc.edu
cofc.edu/diningservices

Follow @cofcdining on social media for important updates and exclusive offers!
Getting Involved
Student Clubs and Organizations

More than 200 organizations represent the interests, beliefs & ideologies of our students.

- Honor societies
- Clubs focusing on academics
- Drama
- Leadership
- Government and Politics
- International interests
- Religious
- Community Service
- Special interests
- Sports
Cougar Activity Board (CAB)

- Campus Programming Board
- Casino Night
- Movie Night
- Open Mic Nights
- Fall Festival
Campus Recreation Services (CRS)

- Club and Intramural teams
- Wellness classes (Yoga, Zumba, Belly Dance…)
- Open recreation hours
- Outdoor adventures

George Street Fitness Center:
- first floor of the Campus Center Apartments (#32 on the campus map)
Support our Student Athletes – GO COUGARS!!!

- NCAA Division I university in the Colonial Athletic Association
- 19 Varsity Sports Teams
- Free admission with your Cougar Card

Men:
- Basketball
- Baseball
- Cross Country
- Golf
- Soccer
- Sailing
- Tennis

Women:
- Basketball
- Beach Volleyball
- Cross Country
- Equestrian
- Golf
- Sailing
- Soccer
- Softball
- Tennis
- Track & Field
- Volleyball
Student Media/CisternYard Media Network

- CisternYard Video
- CisternYard News
- CisternYard Radio
- The Yard
- Miscellany

www.CisternYard.com
Religious Life Council
Organizations

- African Methodist Episcopal Fellowship
- Baha’i Club
- Baptist Collegiate Ministry
- Campus Crusade for Christ
- Campus Outreach
- Catholic Student Association
- Episcopal/Anglican Community: Segue
- Fellowship of Christian Athletes
- Intervarsity Christian Fellowship
- Jewish Student Union/ Hillel
- The Journey (Presbyterian)
- Lutheran Campus Ministry
- Reformed University Fellowship
- Unitarian Universalist Club
- Wesley Foundation

For more information contact Evelyn Nadel at NadelE@cofc.edu
Examples of Campus activities

Fall
- Weeks of Welcome
- GeorgeStock
- Convocation
- CAB Casino Night
- Cistern Fest Organization Fair
- Cougar Countdown - stress relief during exams

Spring
- Homecoming
- Cougar Countdown (exam stress-relief activities)
- Cougarpalooza
Community activities

- Many arts and cultural activities (theatre, museums, plays, art shows)
- Farmers Market at Marion Square - Saturdays until 2pm (May-Dec)
- Second Sunday on King Street
- Southeastern Wildlife Expo (SEWE)
- Fashion Week
- Spoleto Festival - May/June annually
- Local beaches: Folly Beach, Isle of Palms, Sullivan's Island
- Community service activities - ongoing throughout the year (Center for Civic Engagement)
Find out what’s going on around campus
Check campus email!

Cougar Activities Board presents...
Spring Fest 2013
March 22nd, 7-11pm
Stop by George Street (between Coming and St. Phillip) for tons of FREE FUN! Live music, Battle of the Bands, awesome inflatables like moon bounces and Inflatable Twister, a mechanical bull, a step show, and free food including FREE FUNNEL CAKES!

STUDENT GOVERNMENT ASSOCIATION
Student Outreach Fund- up to $500!
The Student Outreach Program was created to provide support to undergraduate students at the College in endeavors that provide opportunity for growth as global citizens and to represent the institution beyond the campus community. Students can be allocated up to $500 each semester to assist with costs for projects, programs, or travel that enhance their academic experience. The fund cannot be used for any program associated with class credit or grade. This form may be found and submitted through www.OrgSync.com via the SGA page. Email SGA Treasurer, Heather Rapachetta, for more information at rapachettah@dcase.edu

UNCAGE THE VOTE! Vote for your next Student Body President, Vice President, Secretary and Senators March 20 and 21 on MyCharleston!

Best Buddies
Best Buddies is an international non-profit organization whose mission is to establish a global volunteer movement that creates opportunities for one-to-one friendships, integrated employment, and leadership development for people with Intellectual and developmental disabilities. Our organization works to pair college students with Charleston’s special needs community to create long-lasting friendships.

Our last semester meeting will be held at 6 pm in ECTR 116 on Thursday March 28th. This meeting is open to current members as well as new students interested in learning what Best Buddies is about!
Move In Tips

and other amazing insights
from CofC RA’s
What is move in like?

Moving In

You will be emailed information that goes through all of the instructions that are necessary for move in. The dates will be posted on the website and there will be some assistance to help move belongings.

@CofCResLife    reslife.cofc.edu    #CofCResLife
When do I move in?

Exact time will be announced soon by floor:

Friday, Aug 18: Buist and Craig – 2 to 6 pm
Saturday, Aug 19: Berry, Liberty, 9am-1pm
Saturday, August 19: College Lodge, 2pm-6pm
Move In Tips

Here are some simple tips to make this process less stressful:

• When it rains here it pours… bring trash bags to cover your stuff
• Label all of your boxes with your name and building and room number
  • Bring your own dolly… your back will thank you
• Only bring the essentials
• Contact your new roommate(s) using information provided on MyCharleston and your assignment letter to decide who will bring what
More Move in Tips

• Only the student can go through the check-in line to fill out forms and receive your room and mailbox key. Make sure you have your College of Charleston ID (cougar card)

• Make sure to double check your move in time… You cannot check in before your assigned time

• When in doubt ask someone… we are here to help you
What should I bring to the Residence Halls?

Housing List

http://housing.cofc.edu/student-housing/move-in.php

A hand truck can be very help and we suggest you bring one along. We will have some volunteers but you should plan to move your items in yourself.
Items you might be surprised you are not allowed to bring

(Disclaimer: this is not the complete list)

- Candles/incense-nothing with a flame
- Darts and dart boards
- Electrically amplified instruments, Drum sets
- Electric blankets
- Extension chords
- Grills (including G. Foreman grills, unless your room has a kitchen)
- Hot plates (unless your room has a kitchen)
- Knives (other than flatware)
- Multi Plug outlet (without surge protector)
- Open Coil cooking or kitchen appliances (Unless your room has a kitchen)
- Pets (except fish in no larger than a 10 gallon tank)
- Space heaters
- Toaster/Toaster Oven (unless your room has a kitchen)
Can students bring a single-cup Keurig coffee maker into their residence hall? 

Yes!

@CofCResLife reslife.cofc.edu #CofCResLife
Do you need a bike?

Maybe, but not right away

You don’t really need a bike to get to classes. Students use bikes to get to jobs, community service sites and the grocery store. You may want to wait a week or two into the semester to see if you would really need one.
Who Cleans Your Room?

You and your roommates clean the room

We suggest you bring Lysol wipes, a broom or Swiffer, scrubbing bubbles, sponges
What is the alcohol policy in the Residence Halls?

Alcohol

All students under 21 are not permitted to have alcohol of any kind in the residence halls.

Guests are never allowed to bring alcohol into buildings, regardless of age.

Students under 21 cannot be in the presence of alcohol in the residence halls.
What items are free in the residence halls?

**FREE**

Laundry, IPTV, Wi-Fi, Trashbags and Toilet Paper!

@CofCResLife  reslife.cofc.edu  #CofCResLife
What kind of TV services will I have?

IPTV – Internet Streaming television

What equipment do I need for IPTV?

For the best experience, you can use either an Apple TV or Amazon Firestick

@CofCResLife  reslife.cofc.edu  #CofCResLife
What is the visitation policy for the Residence Halls?

Visitation

24/7 Visitation in the Residence Halls. You are required to sign in your guest at the front desk with a valid state issued id, other college IDs are not acceptable. More details will be given by the student’s Resident Assistant when they move in.

@CofCResLife  reslife.cofc.edu  #CofCResLife
Final Instructions

• Due to the seating capacity in Liberty Fresh Food Company, the students and their families will be assigned a lunch time in Liberty Fresh Food Company – see your student’s schedule

• During lunch break, student should go to Cougar Card Services to have their picture taken for their Cougar Card (ID)

• During lunch break, student can check out the model room in their assigned residence hall

Students and families should return to this location at 1 pm for the Trident Technical College presentation.