



## Resources for Families

### Reading Resources

**Letting Go: A Parent's Guide to Understanding the College Years** by Karen Levin Coburn and Madge Lawrence Treger

**Don't Tell Me What to Do, Just Send Money: The Essential Parenting Guide to the College Years** by Helen E. Johnson and Christine Schelhas-Miller

**The Happiest Kid on Campus: A Parent's Guide to the Very Best College Experience** by Harlan Cohen

**Out to Sea: A Parent's Survival Guide to the Freshman Voyage** by Kelly Radi

**The Stressed Years of Their Lives: Helping Your Kid Survive and Thrive During Their College Years** by Dr. B. Janet Hibbs and Dr. Anthony Rostain

**Off to College: A Guide for Parents** by Roger H. Martin

**You're On Your Own (But I'm Here if You Need Me): Mentoring Your Child During the College Years** by Marjorie Savage

**1001 Things Every College Student Needs to Know: (Like Buying Your Books Before Exams Start)** by Harry Harrison

**Success and Sanity on the College Campus: A Guide for Parents** by Diana Trevouledes and Ingrid Grieger

### Web Resources:

- [www.collegeparents.org/](http://www.collegeparents.org/)
- <http://grownandflown.com/>
- <http://www.collegeboard.org/>
- <https://studentaid.ed.gov/sa/>
- <http://www.collegeparentcentral.com/>

For more information and resources, family members can visit the College of Charleston Family/Parents website at [www.cofc.edu/parents](http://www.cofc.edu/parents)  
Parents with questions can email [parents@cofc.edu](mailto:parents@cofc.edu)